

Family Health Centers of San Diego: Housing Case Study



CHALLENGES

- Early childhood and repetitive trauma throughout her life
- Pregnant with twins and father incarcerated
- Negative interactions with law enforcement
- Criminal history
- Addiction, mental health & single parenthood



STRATEGIES

- Advocacy and collaboration with partners for housing appeals
- Letters of support and obtaining criminal history report
- Referral to Parent Care Program
- Support for addiction recovery



OUTCOMES

- Permanently housed since 2/15/2019
- Stable on medications
- Attending all medical appointments
- Participating in therapy, anger management and parenting classes
- Eligible for section 8 voucher in 2021
- Broke the cycle of domestic violence with the father of her children



TIPS

- Do not turn people away find a solution
- Know your resources
- Communicate with partners and work together
- Maintain communication with clients and stay client centered