



VIRTUAL
**2020 NATIONAL
RYAN WHITE
CONFERENCE ON
HIV CARE & TREATMENT**

Implementing Evidence-Informed Interventions for People with HIV who Have Histories of Trauma and Addiction

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Coordinating Center for
Technical Assistance

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- Learning Objectives
- E2i Project Overview
- Intervention Summary
- E2i Intervention Sites
- Q/A

At the end of this session, participants will:

1. Gain an understanding of how trauma and addiction adversely impact HIV outcomes among people with HIV.
2. Learn key components of two evidence-informed interventions for addressing trauma and addiction among people with HIV.
3. Learn strategies for rapid implementation of culturally tailored and sustainable evidence-informed interventions addressing trauma and addiction among people with HIV



E2i Project Overview

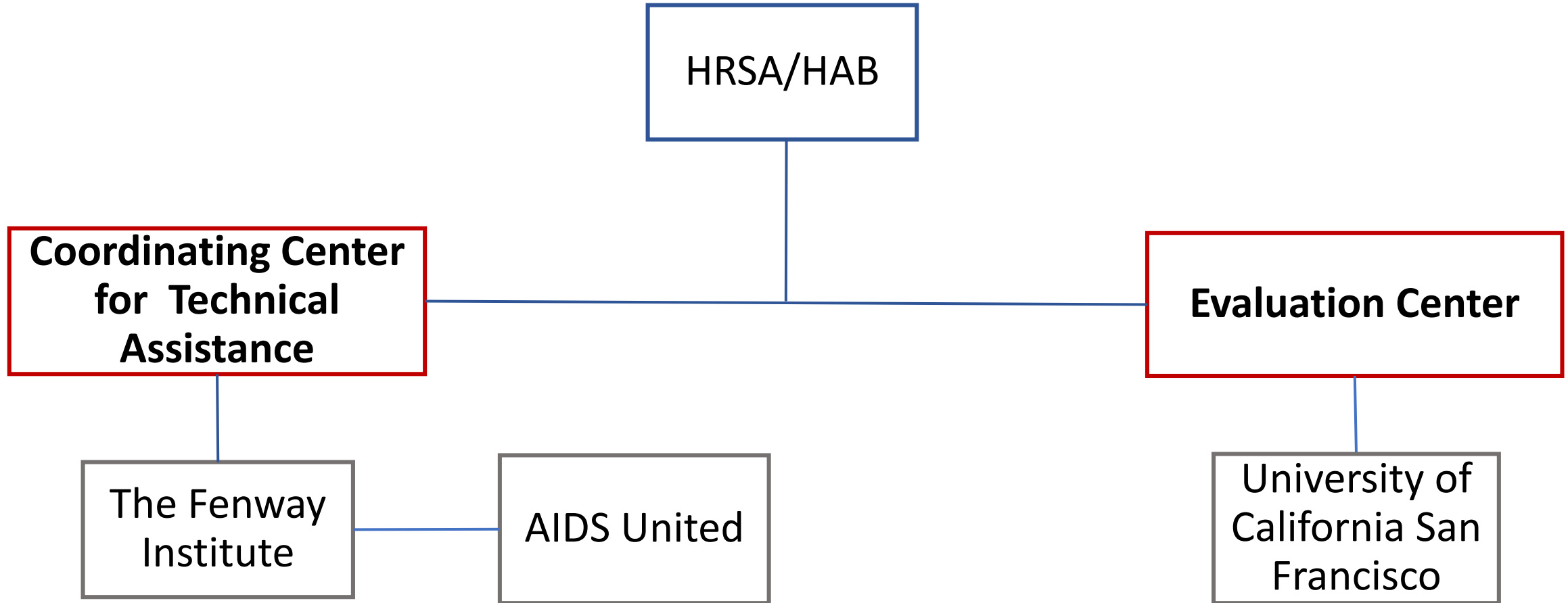
Four-year initiative to facilitate the implementation of evidence-informed interventions to reduce HIV health disparities and improve HIV-related health outcomes in four focus areas:

- Improving HIV health outcomes for transgender women with HIV
- Improving HIV health outcomes for Black men who have sex with men (MSM) with HIV
- Integrating behavioral health with primary medical care for people with HIV
- Identifying and addressing trauma among people with HIV

1. Rapid implementation of effective and culturally tailored evidence-informed interventions that address social determinants of health
2. Widespread dissemination of findings, lessons learned, and implementation toolkits to promote replication of successful evidence-informed interventions across the Ryan White HIV/AIDS Program (RWHAP)

- Provide technical assistance (TA) to 26 RWHAP sites to help facilitate the successful implementation of evidence-informed interventions
- Evaluate the impact of intervention implementation on HIV health outcomes

E2i Program Structure



E2i Intervention Sites



Transgender Women

Healthy Divas

- CAL-PEP (CA)
- Rutgers New Jersey Medical School (NJ)
- Birmingham AIDS Outreach Inc. (AL)

Transgender Women Engagement and Entry to Care Project (T.W.E.E.T.)

- CrescentCare (LA)
- Henry Ford Health System (MI)
- Centro Ararat (PR)

Black MSM

Client-Oriented New Patient Navigation to Encourage Connection and Treatment (CONNECT)

- AIDS Taskforce of Greater Cleveland(OH)

Tailored Motivational Interviewing (Tailored MI)

- HOPE Center (GA)
- Broward House, Inc. (FL)
- University of Mississippi Medical Center (MS)

Text Messaging Intervention to Improve Antiretroviral Adherence Among HIV Positive Youth (TXTXT)

- UNIFIED-HIV Health & Beyond (MI)
- SUNY HEAT Program (NY)

Trauma Informed Care

Trauma-Informed Approach & Coordinated HIV Assistance and Navigation for Growth and Empowerment (TIA/CHANGE)

- Alaska Native Tribal Health Consortium (AK)
- Chicago Women's AIDS Project (IL)

Cognitive Processing Therapy

- Western North Carolina Community Health (NC)
- Positive Impact Health Centers (GA)

Seeking Safety

- Multicultural AIDS Coalition (MA)
- The Regents of the Univ. of Calif., U.C. San Diego (CA)

Behavioral Health Integration

Buprenorphine

- Consejo de Salud de Puerto Rico Inc. dba Med Centro (PR)
- Greater Lawrence Family Health Center (MA)

Collaborative Care Management (CoCM)

- La Clinica del Pueblo, Inc (DC)
- Oklahoma State University Center Health Sciences (OK)
- Health Emergency Lifeline Programs (MI)
- Our Lady of the Lake Hospital, Inc. (LA)

Screening, Brief Intervention and Referral to Treatment (S.B.I.R.T.)

- The Poverello Center Inc. (FL)
- North Jersey Community Research Initiative (NJ)

The Coordinating Center for Technical Assistance (CCTA)



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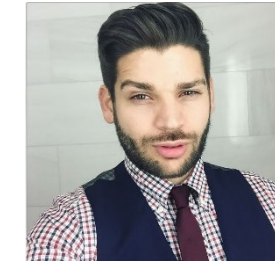
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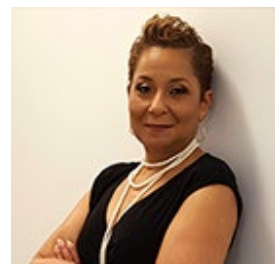
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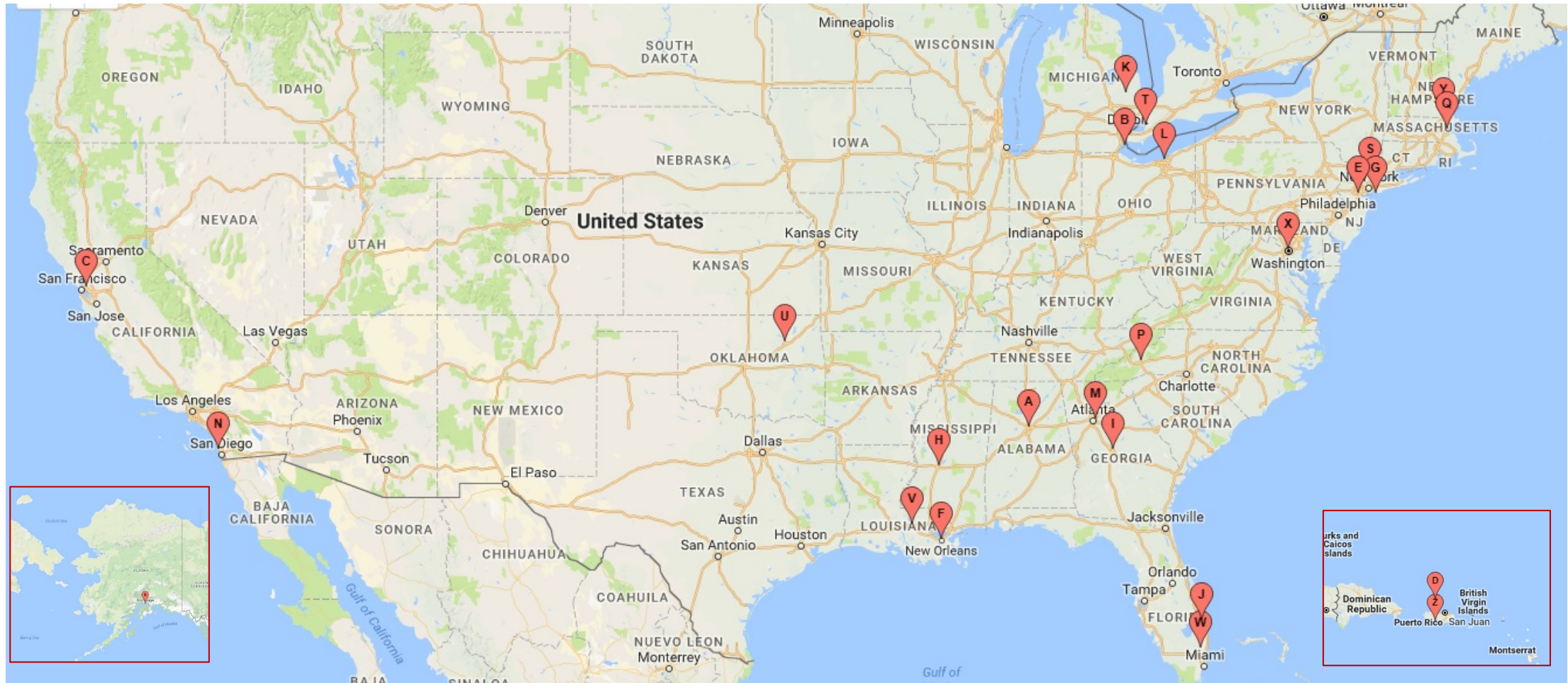


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Data Manager



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Evaluator

Geographic Distribution of Sites





Intervention Summary

Description & Core Elements:

- Coping skills approach
- Offers 25 topics in four domains:
 - Cognitive
 - Behavioral
 - Interpersonal
 - Case Management
- Open/closed groups or individual sessions

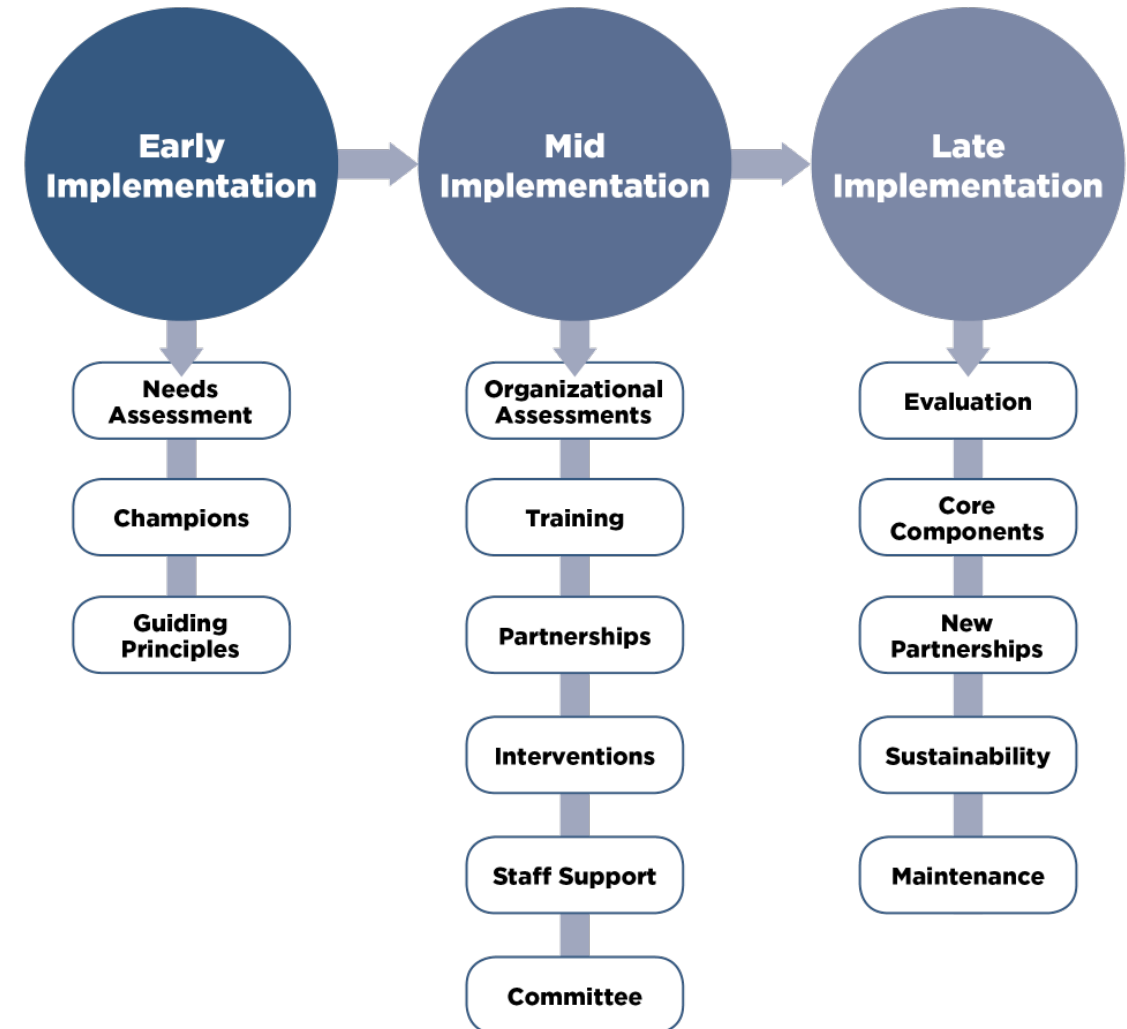


Trauma Informed Approach & Coordinated HIV Assistance and Navigation for Growth and Empowerment (TIA/CHANGE)



Description & Core Elements:

- Resilience enhancement
- Strength-based approach
- Trauma-informed care





University of California, San Diego - Mother Child Adolescent HIV Program (UCSD MCAP)

San Diego, California
Nicole Pepper, LCSW, Program Coordinator

System Outcomes

1. Integration of trauma-informed approach throughout the multidisciplinary team
2. Increase in knowledge and competence in trauma-informed skills through training and consultation
3. Creation and implementation of trauma-informed policies and procedures
4. Adoption of systemic screening for trauma and Post-Traumatic Stress Disorder (PTSD) across primary care and social services

Client Outcomes

1. Increased adherence as demonstrated through a reduction of viral load.
2. Successful retention in care as measured by attending visits and time between visits
3. Reduction in PTSD symptoms and substance use severity
4. Increased peer skills in Seeking Safety intervention and group facilitation

Model Intervention Delivery/ Process Flow



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- Program-wide training on Trauma-Informed Care
- Trauma-Informed Work Group
- Adoption of universal screening for trauma

Intervention: 12-week cycles, 90-minute group sessions

- 2 women's groups (English/Spanish)
- Young adult group (18-30 years)
- Peer involvement
- Pre/post measures

Process & Outreach Methods

Referral (*case managers, medical providers, community partners, self*)

Assessment and Intake

Intervention

Post-Assessment

Outreach

- Increased provider referrals
- Strengthened partnership with substance use disorder treatment program
- Implementation of universal trauma screening
- Community outreach
- Peer

Implementation Strategies



- ❑ Setting the stage: all-staff trauma-informed care training
- ❑ Quality training, consultation & ongoing supervision
- ❑ Population and community outreach
- ❑ Expanding eligibility
- ❑ Converted existing groups
- ❑ Tailoring for specific populations (youth and Spanish-speaking women)
- ❑ Adapting retention strategies

Challenges & Barriers



- ❑ Active substance use disorder and/or relapse
- ❑ Developmental and phase of life issues for youth
- ❑ Translation
- ❑ Instability due to psychosocial stressors and unmet basic needs
- ❑ Geography and transportation

Early Best Practices & Lessons Learned



- ❑ Weekly work group, including peer involvement
- ❑ Training
- ❑ Outreach
- ❑ Engagement in other services
- ❑ Meeting needs of your population
- ❑ Peer



Alaska Native Tribal Health Consortium

Anchorage, Alaska
Laurali Riley, Program Manger

- ❑ For TIA/CHANGE, develop process to harmonize Intensive Case Coordination (ICC) effort for rural outreach with Behavioral Health Aid Programs
- ❑ Explore practicality of ICC use of video teleconferencing equipment with clients living in rural areas
- ❑ Explore methods for incorporating traditional healing into ICC program
- ❑ Develop ICC program identification, recruitment, enrollment, and discharge policy & procedures

Model Intervention Delivery/ Process Flow



1. Articulate criteria for patient participation and discuss with rest of team for feedback and approval. Lead person: ICC Coordinator
2. ICC will meet with 50% of patients with scheduled appointments in clinic on Tuesday morning sessions and Thursday afternoon sessions, with the purpose of gathering data on the patient population. Lead person: ICC Coordinator/ Program Manager
3. ICC will deliver training to providers on relevant topics with the purpose of integrating the position into the clinic culture and educating providers on psychosocial needs of patients. Lead person: Program Manager

Challenges & Barriers



- ❑ Transportation
- ❑ Housing opportunities
- ❑ Access to rural clinics/telemedicine
- ❑ Historical/generational trauma amongst Alaskan Native communities

- ❑ Integration of ICC into the clinical team in a meaningful and consistent way requires continued support from the multidisciplinary care team
- ❑ Include new programs as part of the menu of services offered to clients within an existing clinic
- ❑ Organizational resistance to change is real
- ❑ Involvement of community stakeholders is key for program buy-in and coordination of services (housing, employment, transportation)

Coordinating Center for Technical Assistance

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Q&A

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