

# What's Gender Got To Do With It? Differences in Service Use and Outcomes in Baltimore

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# Introduction

- There is abundant biomedical research data documenting sex differences in HIV from risk of HIV transmission, to immunologic responses to HIV even antiretroviral drug metabolism and side effects (e.g. nevirapine and skin rash/liver toxicity).
- NIH in 2015 issued a notice that consideration of sex as a biological variable is a *requirement* for NIH funded biomedical research.
- Given the attention to *sex* differences in HIV treatment, we sought to determine if there were *gender* differences in Ryan White service utilization, its relationship to outcomes and what we might conclude from such differences.



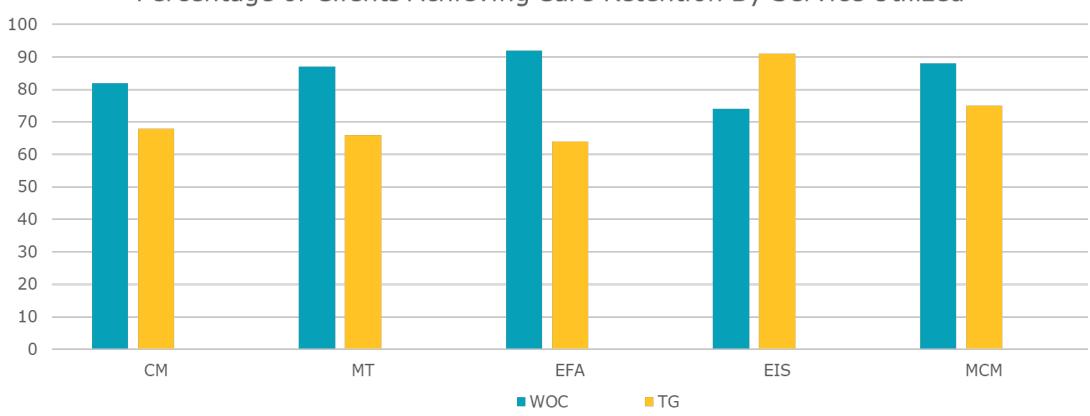
# **Methods**

- CAREWare FY'18 client-level data were analyzed for differences between women of color (WOC) and transgender (TG) consumers.
- 83% TG consumers are female and of color.
- *Five* service categories were evaluated:
  - Case Management (CM)
  - Medical Transportation (MT)
  - Emergency Financial Assistance (EFA)
  - Early Intervention Services (EIS)
  - Medical Case Management (MCM)
- Each service category was analyzed for care retention and viral suppression rates.



# **Results – Care Retention**

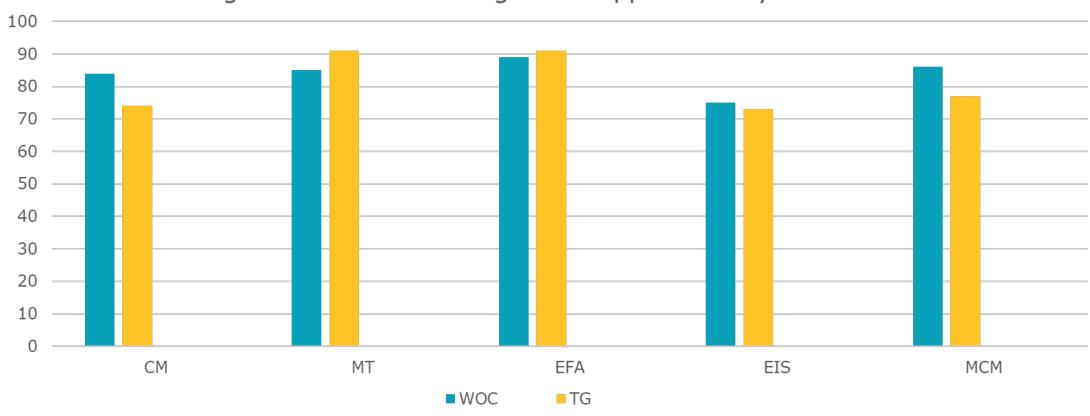
### Percentage of Clients Achieving Care Retention By Service Utilized





# **Results – Viral Suppression**

### Percentage of Clients Achieving Viral Suppression by Services Utilized





# **Lessons Learned and Next Steps**

- Transactional services, such as EFA, EIS and MT resulted in TG viral suppression rates that matched or exceeded those for WOC.
- Services such as CM and MCM which are more interactive and we would posit requiring trust demonstrated inferior viral suppression rates.
- Only EIS was associated with increased care retention for TG consumers.
- These data demonstrate that non-transactional services that require more interaction and trust do not yield the same viral suppression or care retention gains.
- This suggests that it is not strictly the services, but the context *and* culture in which they are delivered that make the difference for TG consumers.
- Service delivery for all consumers, including TG must be not only culturally and contextually appropriate, but also *respect* the dignity of the client.



## **Thank You!**

**Questions?** 

Please type in the chat box.