



# Replicating Innovative HIV Care Strategies in the Ryan White HIV/AIDS Program

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Innovative HIV Care Strategies for the Unstably Housed  
June 23, 2022

# Agenda

- *Project Overview*
  - About the Special Projects of National Significance (SPNS) Program & Integrating HIV Innovative Practices (IHIP) Project – presented by: Shelly Kowalczyk (Project Director)
- *Continuing Education Credit Availability*
- *Intervention Overview*
  - KC Life 360 – presented by: Jamie Shank
  - HHOME – presented by: Deborah Borne, Robert Arnold, Martina Travis
- *Q&A*
- *Participant Feedback*

# Project Overview: About the Project

- **Funded By:** The U.S. Department of Health and Human Services, Health Resources and Services Administration's HIV/AIDS Bureau through RWHAP Part F: Special Projects of National Significance.
  - HRSA oversight provided by: Melinda Tinsley and Adan Cajina
- **Awarded To:** The MayaTech Corporation
  - Subcontractor: Impact Marketing + Communications
  - Contract Period of Performance: September 27, 2021 – September 26, 2023
- **Purpose:** To support the coordination, dissemination, and replication of innovative HIV care strategies in the Ryan White HIV/AIDS Program (RWHAP) through the development and dissemination of implementation tools and resources.

# Framework for RWHAP SPNS

## Demonstrate or Implement

- Fund recipients to respond to emerging needs of people with HIV using evidence-based, evidence-informed, and emerging interventions
- Fund special programs to develop a standard electronic client information data system to improve the ability of recipients to report data

## Evaluate & Document

- Use an implementation science framework to identify effective interventions to improve HIV outcomes among Ryan White HIV/AIDS Program clients
- Evaluate and document specific strategies for successfully integrating interventions in RWHAP sites

## Coordinate, Replicate & Integrate

- Develop guides and manuals, interactive online tools/toolkits, publications, and instructional materials that describe how to coordinate, replicate, and integrate interventions and strategies for RWHAP providers
- Streamline access to materials and promote replication through the Best Practices Compilation

# Enhancements to the Integrating HIV Innovative Practices Project

- Focusing on RWHAP innovative strategies in HIV care and treatment (not just SPNS innovations)
- Aligning with the Best Practices Compilation
- Coordinating the delivery of peer-to-peer capacity building technical assistance (TA)
- Delivering one-on-one TA in the development and dissemination of implementation tools and resources
- Providing continuing education (CE) credits for live webinars

# Key Support to RWHAP Providers

- Implementation tools and resources
- Capacity building TA webinars
- Peer-to-peer TA on the featured interventions
- Support in the development and dissemination of implementation tools and resources
  - Webinars
  - One-on-one TA
- Helpdesk ([ihiphelpdesk@mayatech.com](mailto:ihiphelpdesk@mayatech.com))

# Continuing Education Credits

Jointly provided by Postgraduate Institute for Medicine and  
The MayaTech Corporation



Postgraduate Institute  
for Medicine



# Continuing Education Credits Offered

- Physicians
- Nurses
- Physician Assistants
- Dentists
- Dieticians
- Health Education Specialists
- Social Workers
- Pharmacists



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The faculty reported the following relevant financial relationships with ineligible entities related to the educational content of this CE activity:

Jamie Shank	Nothing to Disclose
Deborah Borne	Nothing to Disclose
Robert Arnold	Nothing to Disclose
Martina Travis	Nothing to Disclose



# Presentations

# *KC Life 360*

- City of Kansas City, Missouri
- Health Department
- Jamie Shank, MPH



# KC Life 360 Disclaimer

This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number #H89HA00028 SPNS Engagement and Retention Initiative, awarded at \$863,356 over five years, to the City of Kansas City, Missouri, with 0% non-governmental sources used to finance the project. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



# Presenter, Jamie Shank

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Jamie is an experienced public health professional with expertise in federal grant management, quality improvement, HIV care/treatment, and housing-related service provision. She served as the Quality & Housing Program Manager for the City of Kansas City, Missouri Health Department from 2015-2020. Her responsibilities included managing the HIV Housing program portfolio including five federally funded contracts, multiple Special Projects of National Significance, and several IRB approved research projects. She also worked with Ryan White HIV care subrecipients, providing technical assistance and oversight for clinical quality management activities in the KC Metro Area and state of Missouri.

In 2020, Jamie relocated to Atlanta, GA, and launched Organizational Empowerment, LLC. She believes people working in the fields of public health and social services are the best people! Tackling intersectoral issues and empowering diverse teams to address complex problems motivate her work.

Learn more and connect with Jamie at <https://orgempower.com/>



# KCHD HIV Services Team



**Travis Barnhart, BSW**  
Housing Support  
Specialist



**Debbie Adams, LMSW**  
Employment Support  
Specialist



**Joey Lightner, PhD  
MPH**  
Evaluator



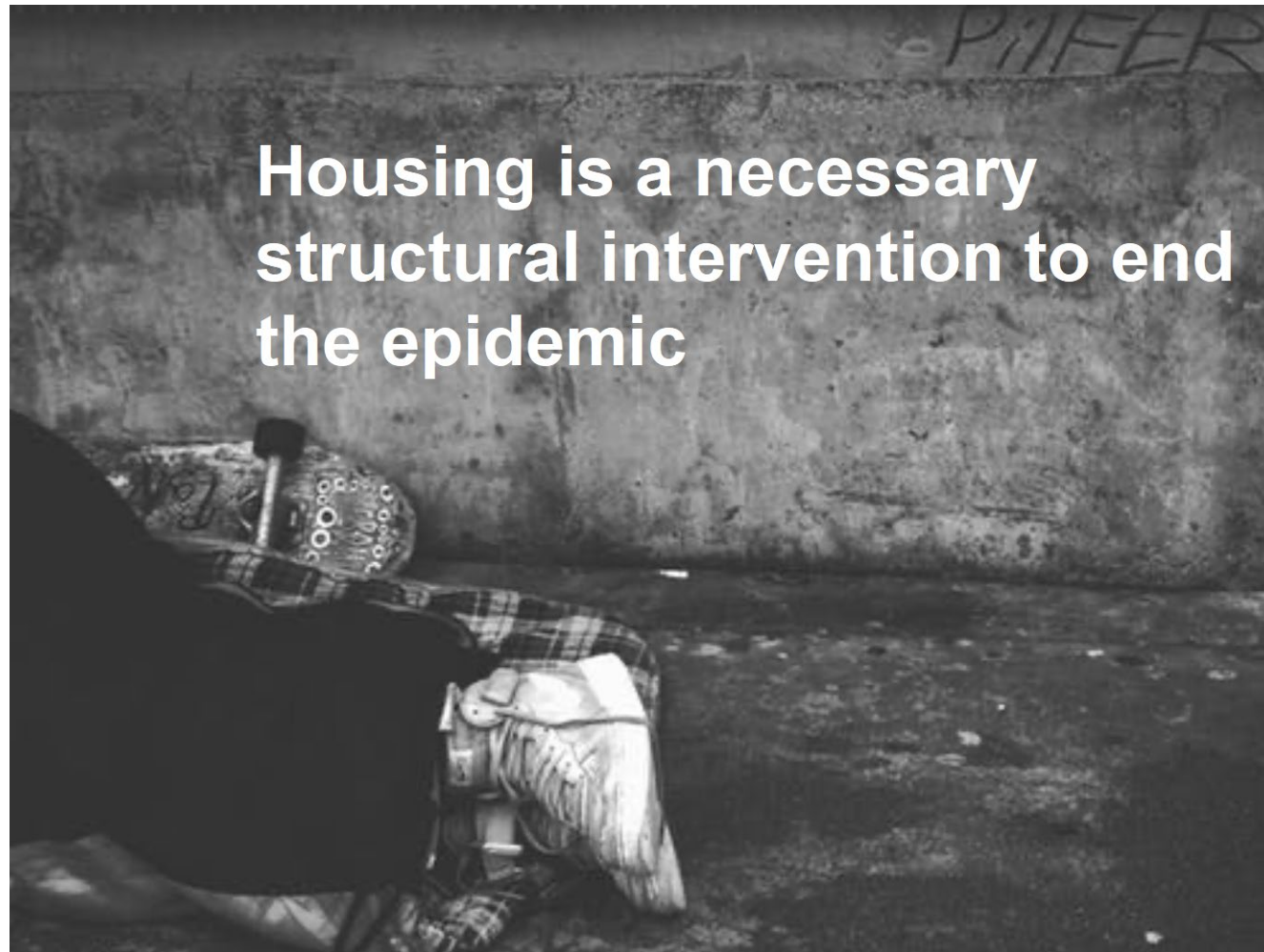
**Mary Jo Hoyt, BSN**  
Clinical Evaluator

## *Coordinated System of Care - Keys to Success*

- 11-County bi-state geographical region
- KCMO Health Department is the Ryan White Part A recipient and HOPWA grantee (formula and competitive HOPWA awards)
- Approximately 2,700 Ryan White clients annually
- Approximately 500 served in RW and Non-RW Housing Program
- Intensive efforts to expand HIV Housing Program in the past 4 years



# Housing



# KC Life 360: Overview



- HRSA funded SPNS grant
- Addresses intersection of living with HIV, experiencing housing instability, and unemployment/underemployment
- Partnered with Catholic Charities for employment support services
- Partnered with reStart for transitional housing services
- Multi-site research component

# KC Life 360: Purpose

- Address the desires of PWH related to employment and earned income
- Improve housing stability
- Improve engagement in care
- Improve viral load suppression

# KC Life 360: Reaching Our Goals

## **Climbing the Mountain**

1. Vocationalizing & Addressing Housing Needs
2. Dedicated Staff
3. Assessment of Clients at Intake & Knowledge of Benefits
4. Interagency Collaboration

# Intervention Model

## KC Health Department

- Program Manager
- Data Manager
- Employment Support Specialist
- Clinical Evaluator
- Evaluator

## Catholic Charities

- Employment Program Manager
- Employment Specialist

## reStart Inc.

- Program Manager
- Housing Case Managers

# Challenges & Solutions (Macro View)

## Challenge

- New Program
- Need Employment Expertise
- Lack of Short-term, Immediate Housing
- Need for Database to Capture Programmatic Info
- Holistic Care

## Solution

- Extensive Planning
- Employment Partner
- Emergency Hotel Lodging
- Customization & Training
- Co-Location

## Challenges *in Depth*

- Time/effort of program launch
- Client motivation
- Insufficient stock of permanent, safe, decent and affordable housing
- Transportation
- Importance of cell phones
- Legal name change/new IDs for transgender clients
- Client follow-up made difficult

# Facilitators of Success *in Depth*

- Communication mechanisms
- Dedicated staff for evaluation activities
- Hotel gap lodging
- Coordinated system of care
- Strong employment partnerships



# Adding Emergency Hotel Gap Lodging

Problem: Kansas City struggled to provide immediate shelter for clients

- Chronically Homeless
- Street Homeless
- Those fleeing Intimate Partner Violence
- Waiting for lease-up
- And more...

**Solution Step 1:** Kansas City learned from Family Health Centers of San Diego & Positive Impact Health Centers of Atlanta about their programs

**Step 2:** Working with Fiscal & Contract Staff

# Emergency Hotel Gap Lodging

## Step 3: Building Relationships with Area Hotels

- Utilized extended stay type room options

## Step 4: Promoting the New Program Component

- Presentations to service providers
- Updates to electronic database

## Step 5: Care Coordination

- Weekly renewals
- Client Housing Plan
- Weekly housing case management + employment support services & linkage to care

## Step 6: Sustainability

- Integrating into HOPWA Formula Funds



# Outcomes

**93.9%**

Achieved or  
maintained viral  
load suppression

**67%**

Increasing earned  
income through  
employment

**78.3%**

Receiving  
permanent  
housing  
assistance

**96.7%**

Engaged in  
medical care

## 39-year-old transgender female

“I’m thankful for the support of the employment staff assisting me with finding out the process for the name change in another state; this is important for me to get done so that I feel better about myself.”

– KC Life 360 client



# Single mother of three children

“We are stable, safe and together. We are in a good spot.”

— Single mother of three children, fleeing domestic violence & KC Life 360 Client



# 18-year-old Latino arriving in the US diagnosed with HIV



*“The peer educators and staff helped me and my family understand how to handle my HIV better.”*

**- KC Life 360 Client**

# Sustaining the Gains

- Incorporating Hotel Gap Lodging into HOPWA Formula award annually
- Maintaining Employment Support Specialist Position
- Maintaining database employment log
- Maintaining partnerships (formal and informal) with Catholic Charities and reStart

**“I’m so thankful for the opportunity to be out of the winter weather and in a safe place.” —KC Life 360 client**

# Lessons Learned & Recommendations

1. Housing is the prime need/interest
2. Budget for cell phones
3. Explore alternative transportation
4. Co-location benefits
5. Client motivation
6. Employment fluidity
7. Leveraging care related data systems (e.g. EMRs)
8. Trans specific barriers



# KC Life 360 Resources

**On Target HIV:**

[Manual](#)

[One Pager](#)

[Tip Sheet](#)

[Poster](#)

[Spotlight](#)

**HUD's Getting to Work**

[Curriculum & Training](#)

# Jamie Shank Contact Info

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# HHOME - Homeless HIV Health, Outreach and Mobile Engagement

A System, Program, and Client-Level SPNS Intervention

SYSTEMS FAIL, Not People

Robert Arnold LVN, Associate Director  
Martina Travis, Case Manager  
San Francisco Community Health Center

Deborah Borne MSW, MD  
San Francisco Department of Public Health

# Disclaimer

This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number #H97HA24957 SPNS Systems Linkages and Access to Care Initiative, awarded at \$750,000 over five years, with 0% non-governmental sources used to finance the project. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

# System Wrangler

**Improving HIV Care Outcomes Requires Care Coordination and System Cooperation**

# System Change: Partners who created HHOME and HIV Care Continuum Task Force

- What are the GAPS in care?
- How can we stop blaming the consumer and other programs for system failures?
  - SFDPH Primary Care Clinics
  - Housing and Urban Health Direct Access to Housing & Respite
  - SF General Hospital, PHAST\*, & Social Service
  - SF Homeless Outreach Team and Homeless Services
  - Project Homeless Connect
  - SFDPH HIV Prevention: LINCS, Testing-Linkage-Engagement
  - SF Community Health, Social Service & Drop In Center
  - Forensic AIDS Project, (Jail Health)

*\* PHAST: Positive Health Access to Services and Treatment; UCSF Positive Health*

# One size fits all



**One size fits all is NOT trauma-informed, and increases stigma**

*Is this a good location for a health center for people with lung disease on oxygen?*



4-Wall health centers are not accessible for people who use substances and/or have experienced medical and sanctuary trauma



# Areas of 'Out of Clinic' Care Need for all PLWHA

Safe Place to Live	Navigation	Case Management	Behavioral Health	Medical Care
<ul style="list-style-type: none"> <li>• Emergency Stabilization</li> <li>• Permanent housing</li> <li>• Placement to fit functional need</li> </ul>	<ul style="list-style-type: none"> <li>• Knowledge of Resources</li> <li>• Social support</li> <li>• Health literacy</li> </ul>	<ul style="list-style-type: none"> <li>• Benefits</li> <li>• Legal</li> <li>• Coordinate services</li> <li>• Food access</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health</li> <li>• Addiction treatment</li> <li>• Address service utilization – 'right door'</li> </ul>	<ul style="list-style-type: none"> <li>• Adherence Support</li> <li>• Acute and chronic disease care</li> <li>• Low-barrier HIV care</li> </ul>

# SYSTEM CHANGE: Defining Acuity and Chronicity

## Acuity scale is used to assess:

- Current severity of the client in 6 Domains
- Current needs and predicted chronicity of each client
- What program will match client needs

## Domains assess ability to:

- Engage in primary care
- Adhere to medication regimen
- Achieve, adjust to, and maintain housing
- Identify and obtain basic needs
- Navigate health and supportive services
- Engage in mental health treatment
- Impact of substance use and level of recovery

## **Client**

- Medical
- Medication Adherence
- Navigation
- Case Management
- Substance Use
- Mental Health

# Client Need Form (Short Referral Version)

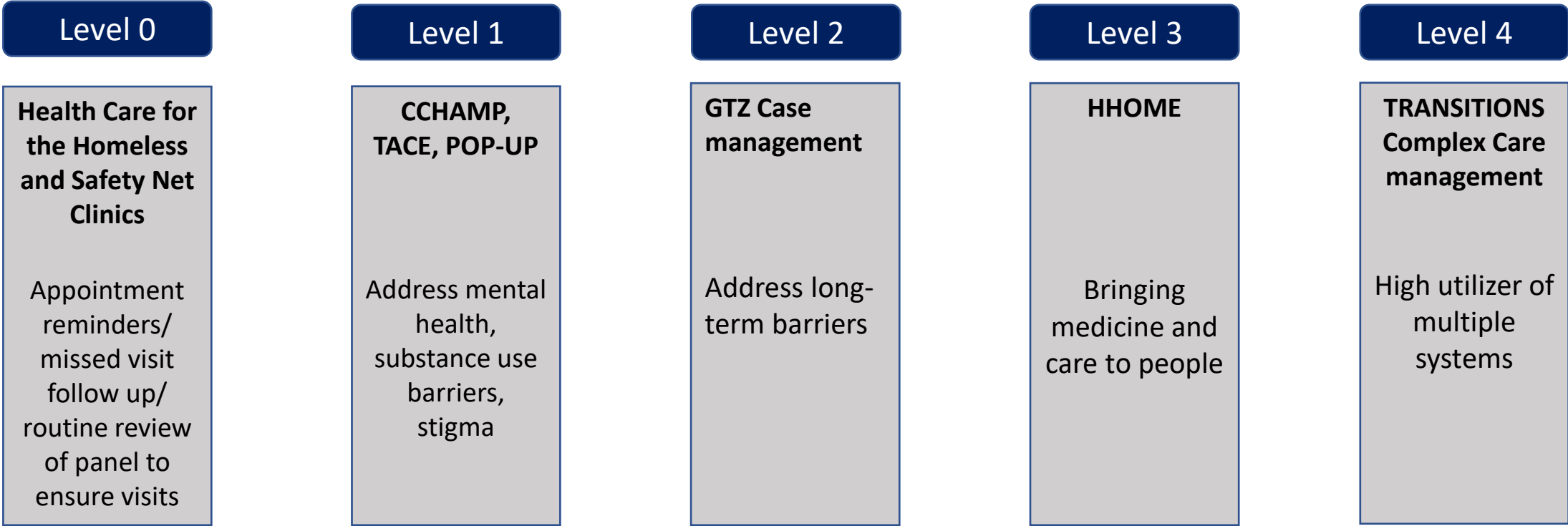
Please complete to the best of your ability, based on your experience with the client      Ct Name: \_\_\_\_\_      DOB: \_\_\_\_\_

		Level 3 - Intensive Need <i>Mobile Medical; HHOME; Health at Home</i>	Level 2 - Moderate Need <i>Intensive Case Management; HOT</i>	Level 1 - Basic Need <i>Centers of Excellence</i>	Level 0 <b>Self-Management</b> <i>Panel Management</i>	Comments
<b>Medical Care and Treatment Adherence</b>	Care Engagement	<input type="checkbox"/> Unable to tolerate 4-walls clinic or has received Denial of Service from >1 clinic <input type="checkbox"/> Severe physical illnesses w/o capacity for Tx engagement	<input type="checkbox"/> Rarely able to tolerate 4-walls clinic w/o an escort and/or redirection <input type="checkbox"/> Multiple physical conditions w/ low Tx engagement <input type="checkbox"/> May self-direct to drop-in clinic	<input type="checkbox"/> Engages in 4-walls clinic w/ intensive appt. reminders (multiple calls, texts, emails) <input type="checkbox"/> Engages w/ clinic to address physical conditions	<input type="checkbox"/> Engages in clinic w/ standard appt reminders only (phone, text, email) <input type="checkbox"/> Engages independently to address physical conditions	
	Current Health Status	<input type="checkbox"/> VL>40 and CD4<200 <input type="checkbox"/> ART: refuses or not taking <input type="checkbox"/> OI's w/i last month <input type="checkbox"/> Hospitalized w/i last 30-days <input type="checkbox"/> High Risk Pregnancy	<input type="checkbox"/> VL>40 and/or CD4<350 <input type="checkbox"/> ART: Refuses, not taking, or needs strong adherence support (eg: DOT) <input type="checkbox"/> OI w/i last 6-mo <input type="checkbox"/> Hospital w/i last 6-mo <input type="checkbox"/> Pregnant	<input type="checkbox"/> VL>40 or Hx of detectable VL since ART first initiated <input type="checkbox"/> ART: taking, may need adherence support <input type="checkbox"/> No Hx of OIs w/i last 6-mo <input type="checkbox"/> No acute medical issue w/i last 6- mo	<input type="checkbox"/> Virally suppressed <input type="checkbox"/> ART: taking consistently <input type="checkbox"/> No Hx of OIs w/i last 12-mo <input type="checkbox"/> No acute medical issues w/i last 12-mo or greater	
	Chronic Illness	<input type="checkbox"/> > 2 visits to ED w/i 30-days <input type="checkbox"/> Palliative care or Hospice <input type="checkbox"/> 1-2% high utilizer	<input type="checkbox"/> > 2 visits to ED w/i 60-days <input type="checkbox"/> Not flourishing medically in current level of care <input type="checkbox"/> 3-5 % high utilizer	<input type="checkbox"/> 1 visit to ED w/i 90-days <input type="checkbox"/> Stable medically with support of wrap-around care <input type="checkbox"/> Past 1-5 % high utilizer	<input type="checkbox"/> 0 visit to ED w/i 180-days <input type="checkbox"/> Empowered for self-care of chronic illness <input type="checkbox"/> No Hx of high utilizer	
	Function: Physical & Cognitive	<input type="checkbox"/> Despite accommodations persistent inability to follow through d/t cognitive or physical impairment <input type="checkbox"/> Impulse control or decision-making impairing health and multiple life Fx <input type="checkbox"/> Dementia <input type="checkbox"/> MoCA < 17	<input type="checkbox"/> Frequent inability to follow through d/t cognitive or physical impairment <input type="checkbox"/> Impulse control or decision-making impairing 1 or more life Fx <input type="checkbox"/> MoCA 18-22	<input type="checkbox"/> Occasional inability to follow through d/t cognitive or physical impairment <input type="checkbox"/> MoCA 22-26	<input type="checkbox"/> No Impairment <input type="checkbox"/> MoCA >26	
	Rx Adherence	<input type="checkbox"/> Misses doses daily <input type="checkbox"/> Requires DOT <input type="checkbox"/> <30% med adherent <input type="checkbox"/> Not taking ART	<input type="checkbox"/> Misses doses weekly <input type="checkbox"/> New to ART or lifesaving regimen <input type="checkbox"/> 30% to 60% med adherent	<input type="checkbox"/> Misses doses monthly <input type="checkbox"/> Missed treatment or Rx refill w/i last 90 days <input type="checkbox"/> 60% to 90% med adherent	<input type="checkbox"/> Rarely misses a dose	
<b>Housing</b>	Housing Status and Housing Readiness	<input type="checkbox"/> Lives in a place not meant for human habitation (street, car, park, etc.) AND is <u>unable</u> to negotiate for self in that environment <input type="checkbox"/> Critical unmet ADL/IADL needs; major health or safety hazards in current housing <input type="checkbox"/> Expected to be released from incarceration, placement, or long term care facility w/i next 3-mo <input type="checkbox"/> Faces imminent eviction	<input type="checkbox"/> Lives in a place not meant for human habitation AND <u>able</u> to negotiate for self in that environment <input type="checkbox"/> Requires assistance managing ADLs and/or IADLs <input type="checkbox"/> Lives in a shelter, transitional/ temporary housing or is doubled-up <input type="checkbox"/> Released from incarceration or long term care facility w/i last 6-mo <input type="checkbox"/> Chronic challenges maintaining housing <input type="checkbox"/> At risk of eviction	<input type="checkbox"/> Lives in permanent or stable/safe housing but needs wrap-around assistance to remain housed <input type="checkbox"/> May require minor assistance managing ADLs or IADLs <input type="checkbox"/> Couch surfing or hotel hopping	<input type="checkbox"/> Resides in stable, affordable and appropriate housing with no issues that impact housing retention in the last 365-days <input type="checkbox"/> Does not require help managing ADLs or IADLs	

# Client Need Form (Short Referral Version) (cont)

Please complete to the best of your ability, based on your experience with the client		Ct Name: _____			DOB: _____	
		<b>Level 3 - Intensive Need</b> <i>Mobile Medical; HHOME; Health at Home</i>	<b>Level 2 - Moderate Need</b> <i>Intensive Case Management; HOT</i>	<b>Level 1 - Basic Need</b> <i>Centers of Excellence</i>	<b>Level 0</b> <b>Self-Management</b> <i>Panel Management</i>	<b>Comments</b>
<b>Behavioral Health</b>	MH Care Engagement	<input type="checkbox"/> Unable to tolerate 4-walls clinic <input type="checkbox"/> Severe Mental Illness with no provider or tx engagement <input type="checkbox"/> Denial of Service at mental health center	<input type="checkbox"/> Unable to tolerate 4-walls clinic w/o an escort and redirection <input type="checkbox"/> MH diagnosis with no current health provider or inconsistent tx engagement	<input type="checkbox"/> Needs face to face appt reminders or navigation <input type="checkbox"/> MH diagnosis w/ consistent treatment engagement	<input type="checkbox"/> Attends MH appointments w/ standard reminders <input type="checkbox"/> No indication of need for MH care or need for help engaging in Tx	
	Acute Psych Issues	<input type="checkbox"/> Psych hospitalized w/i last 30-days <input type="checkbox"/> Imminent danger to self or others or grave disability <input type="checkbox"/> Psychosis with high risk of decompensation <input type="checkbox"/> Presence of psychosis w/ command auditory hallucinations	<input type="checkbox"/> Presented to PES or psych hospitalized w/i last 90-days <input type="checkbox"/> Reports thoughts of harm to self/others but contracts for safety <input type="checkbox"/> Exhibits erratic behavior <input type="checkbox"/> Limited insight into negative impact of MH Sx on other areas of functioning	<input type="checkbox"/> Severe Mental Illness, no psych hospitalizations w/i 6-months <input type="checkbox"/> Need for additional mental health support or regular check-in with mental health clinician	<input type="checkbox"/> No PES contact or psych hospitalizations w/i 1-year or more <input type="checkbox"/> No current acute psych issues	
	Chronic Illness	<input type="checkbox"/> > 2 visits PES in the past 30-days or 1-2% HUMS <input type="checkbox"/> MH has severe impact on health care engagement <input type="checkbox"/> No insight into negative impact of personality d/o on life functioning	<input type="checkbox"/> > 2 visits to PES in the past 60-days or 3-5 % HUMS <input type="checkbox"/> MH has major impact on health care engagement <input type="checkbox"/> Limited insight into negative impact of personality d/o on life functioning	<input type="checkbox"/> 1 visit to PES 90 days or past 1-5 % HUMS prior year <input type="checkbox"/> Seeks MH Recovery	<input type="checkbox"/> Empowered for self-care <input type="checkbox"/> Regularly engages in MH care	
	Alcohol & Drug Use	<input type="checkbox"/> Abuse or dependence that has severe impact on health <input type="checkbox"/> Not engaged in Sub Use Tx <input type="checkbox"/> >2 ED visits for drugs/ETOH w/i 30 days <input type="checkbox"/> IVDU with health consequences	<input type="checkbox"/> Current or recent use that sometimes interferes with health <input type="checkbox"/> Loosely engaged in Sub Use Tx <input type="checkbox"/> >2 ED visits for drugs/ETOH w/i 6-mo <input type="checkbox"/> IVDU and uses clean needles	<input type="checkbox"/> Current or recent use that does not interfere with health <input type="checkbox"/> Engaged in Sub Use Tx and need for additional support <input type="checkbox"/> SU d/o in full remission	<input type="checkbox"/> No current or past issues with substance use <input type="checkbox"/> Engaged in recovery with no indication of need for additional support	
Case Mgmt.	Case Mgmt. Needs	<input type="checkbox"/> Acute support needed w/ financial, legal, nutritional, and/or life skills <input type="checkbox"/> No income or benefits <input type="checkbox"/> IPV, declines support <input type="checkbox"/> Complex coordination between multiple providers and agencies	<input type="checkbox"/> Substantial support needed w/ financial, legal, nutritional, and/or life skills <input type="checkbox"/> Income/benefits are inadequate <input type="checkbox"/> IPV, accepts support <input type="checkbox"/> Active coordination between multiple care providers	<input type="checkbox"/> Would benefit from linkage to services to address basic needs <input type="checkbox"/> Income/benefits occasionally inadequate <input type="checkbox"/> Occasional coordination between providers	<input type="checkbox"/> No current or recent legal issues <input type="checkbox"/> Has steady income; manages all financial obligations <input type="checkbox"/> Rarely needs coordination between providers	
Navigation	System Surfing and health literacy	<input type="checkbox"/> No access to safety net programs which impacts health <input type="checkbox"/> Cognitively impaired or severe system trauma <input type="checkbox"/> Demonstrates no understanding of illness, treatment, or risk reduction	<input type="checkbox"/> Inconsistent follow-up and routinely needs assistance to stay engaged in care <input type="checkbox"/> Challenges that limit ability to follow-up with appointments <input type="checkbox"/> Demonstrates minimal understanding of illness, treatment or risk reduction	<input type="checkbox"/> Occasionally needs assistance to stay engaged in care <input type="checkbox"/> Can make their own appointments <input type="checkbox"/> Demonstrates basic understanding of health issues	<input type="checkbox"/> Consistent and reliable access to and engagement in care <input type="checkbox"/> Demonstrates solid understanding of health issues	

# Five Levels of Programming Harm Reduction: Health Care Engagement



**Referral and Gate Keeper: PHAST (Hospital) & LINC'S (Community and Clinic, Glide (community)) Navigation**

**SERVICES PRIMARILY WITHIN 4-WALL CLINIC**

**SERVICES PRIMARILY MOBILE**

# Level 3: HHOME Come as you are, wherever you are





# HHOME Target Population: The Highest Level Acuity and 'Hardest' to Serve

- PLWHA not currently engaged in HIV treatment or not succeeding in the current level of care, with:
  - Detectable Viral Load
  - CD4 < 200
- Active substance abuse disorder severely affecting health
- Diagnosed with severe mental illness or mental health condition impairing functioning
- Experiencing homelessness
- Special Populations:
  - HIV-positive pregnant women
  - HIV-negative partner of HIV-positive individual, partner meets HHOME criteria and needs PrEP
  - Transitional Age Youth (TAY), ages 18-25 and young adults ages 25–30 aging out of TAY
  - Newly diagnosed with HIV
  - Eminent risk of eviction

# HHOME - Combines Three Programs: Staff, Resources and Culture

PROGRAM	<u>Street Medicine</u> <i>(SF DPH Safety Net Health Center)</i>	<u>SF Homeless Outreach Team</u> <i>(SF Homeless and Supportive Housing Division)</i>	<u>SF Community Health Center</u> <i>(community-based non-profit FQHC)</i>
STAFF	<ul style="list-style-type: none"> <li>• RN</li> <li>• MD</li> <li>• Phlebotomy</li> </ul>	<ul style="list-style-type: none"> <li>• Housing CM</li> <li>• Clinical Supervision</li> </ul>	<ul style="list-style-type: none"> <li>• Program Manager</li> <li>• Social Work</li> <li>• Navigation</li> <li>• Evaluation</li> </ul>
RESOURCES	<ul style="list-style-type: none"> <li>• Medical Clinic</li> <li>• Medicine/Supplies</li> <li>• Insurance Support</li> </ul>	<ul style="list-style-type: none"> <li>• Shelter Beds</li> <li>• Stabilization Rooms</li> <li>• Permanent Housing</li> </ul>	<ul style="list-style-type: none"> <li>• Open Access Clinic</li> <li>• Drop in Center</li> <li>• Medical Clinic</li> </ul>
<b>CULTURE</b> Expertise and Change Support	<u>Health Care for the Homeless:</u> Mobile, trauma-informed, one stop for medical, addiction medicine, mental health treatment	<u>Mobile Care Culture &amp; Crisis Care Management:</u> Outreach, stabilization and engagement.	<u>Community-Based Culture:</u> Community-based, consumer driven care; peer support and workforce development



# Home Client Intervention: Philosophy

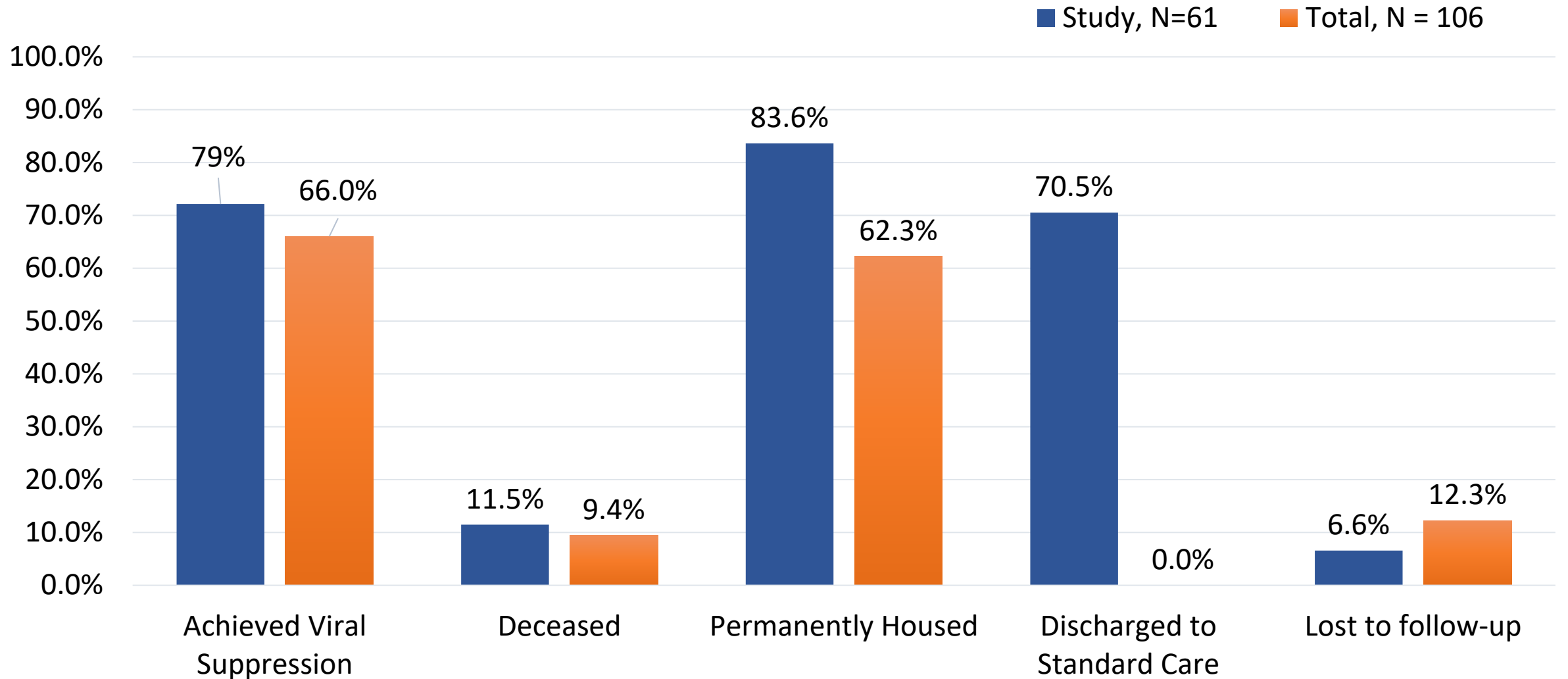
- Interdisciplinary, consumer centered, trauma-informed, harm reduction-based care.
- Care based on the consumer's health goals with respect to their stage of change. If not, we can cause more trauma.
- Consumer is “captain” of the team, and their goals drive the treatment plan.
- Love and affection are a part of the “treatment.” Stigma is the disease.
- Focus on resiliency and coping strengths while learning new life skills.
- Humor and always come “bringing chocolate.”



# Client Intervention: The Basics and Techniques

- All services are mobile or in open access
  - Drop-in social service programs
- Outreach, engagement, and treatment wherever consumers are located: street, jail, hospital, treatment center, social service program and shelter/stabilization room
- Contingency management and incentives
- Harm reduction, low barrier treatment on demand
- Palliative care approach, end of life planning
- Creative and flexible medication adherence, crisis management, and treatment plans

# HHOME Study Results 2017



*45 Clients where unable to complete research consent and baseline evaluation*

# Policies that Improve Outcomes for People Experiencing Homelessness

- Open access clinics and a no “late policy”
- Transportation support
- Medi-sets and med adherence support at social service, shelters and drop-in site, with community pharmacy partnerships
- Incentives: Food, clothing, and gift cards
- In-clinic housing support: Housing – Health Partnerships
- Navigation
- Mobile teams - nurse adherence programs, labs in the field
- Creative communication: phones, Facebook, bracelets

# Challenges

- Staff retention and turn-over: Cost of living and keeping focus on trauma-informed leadership when client demands are heavy.
- Lack of support available for newly housed individuals. “Getting housed is a slow walk to the starting line.”
- Data Issues: Referral process is not centralized nor computerized and 5 different data systems.
- Applying “QI” principles to a moving target is tricky.
- Maintaining calm focus in the midst of chaos: “If we weren’t meditating before this, we certainly meditate now.”

# Challenges (cont)

- City-wide reorganization, affecting homeless health care and service access—political environment constantly changing.
- Lack of resources: Not enough emergency stabilization or supportive housing.
- Discharging clients from program is difficult:
  - No permanent/long-term care equivalent
  - No palliative care for substance users
  - High risk of eviction & disengagement
  - Lack of trauma-informed programs and providers

# Unexpected Successes and Sustainability

## 'SPIN-OFFS'

- New Getting to Zero intensive case management programs
- HHOME Life Skills
  - Peer led program designed to retain PLWHA in housing
- Encampment Health
  - Low barrier PrEP, STI testing, and HIV/HEP C testing and rapid treatment for encampment communities in SF
- Pregnant women mobile care
- Social determinants of health consult service in safety net hospital - social medicine

## SUCCESES

- City is supporting the ongoing funding for the program
  - Using Ryan White and general fund dollars
- System-Wide Coordination
  - Acuity Assessment and Intervention Framework
  - Creation of the SF HIV Care Coordination Task Force.
  - System-wide referrals and linkages for PLWHA that are timely and appropriate
- Championing palliative care and advanced care planning
- Recognized as a leader in trauma-informed medical care!
  - Training faculty, medical students, residents, and fellows

# The HHOME model proves that systems fail, not 'the patient'

- A HHOME clients' success comes from their resiliency coupled with a Trauma-Informed System, Leadership, and Program
- Consumer driven treatment plans and interventions decrease stigma and increase resiliency and recovery
- Trauma-informed leadership and team support requires the same attention as the care we give to our clients. Healthy multi-disciplinary teams create space for clients and staff to thrive
- System success comes from working together to define and address system gaps, align goals and outcomes, pool resources, and integrate care between agencies



# Resources

- National Healthcare for the Homeless: <https://www.nhchc.org/>
- SAMHSA: [Homeless Programs Resources](#)
- Matthew Bennet: <https://connectingparadigms.org/>
- San Francisco HIV Epidemiology [Report](#)
- San Francisco Point in Time Homeless Count: [Report](#)
- Getting to Zero Initiative: <https://www.gettingtozerosf.org/>
- SFDPH Population Health-Disease Prevention and Control: <https://www.sfcddcp.org/>
- San Francisco Community Health Center: <https://sfcommunityhealth.org/>

# Additional Resources

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# Participant Feedback

Please use the following link to give your feedback

<https://www.surveymonkey.com/r/TZ9M5VM>

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# Stay Connected!

Sharing Information & Strategies

CBTA questions, email:

[IHIPhelpdesk@mayatech.com](mailto:IHIPhelpdesk@mayatech.com)

To access IHIP tools/resources and join the IHIP Listserv:

<https://targethiv.org/ihip>

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